



WHAT YOU NEED TO KNOW ABOUT YOUR ADMISSION AND STAY IN DAY SURGERY UNIT

Two days prior to your admission you will be informed of:

- The day and time of your admission
- The time of your procedure
- Your trigger injection is given 36 hours prior to egg pick-up

What to wear and bring:

- Wear loose clothing
- No jewellery (Wedding ring acceptable)
- All piercings must be removed
- No make-up (Eye make-up may result in Corneal abrasions)
- nail varnish
- Bring a dressing gown and slippers

Medications:

- If you are a diabetic and your theatre time is in the morning, OMIT diabetic medications and bring them with you.
- If you are on any other regular medications and are unsure whether to take them, please either contact your treating Doctor, or the Day Surgery Unit (weekdays before 3pm) on (08) 8333 8180.

Important Information:

- All consents and forms must be completed before admission to the Day Surgery Unit.
- Car parking is available exclusively for Day Surgery patients in the underground car park. Entry is via the gate on the corner of Fullarton Rd and Williams St. The intercom is situated at this entrance. Please advise the speaker of your admission to Day Surgery and you will be directed where to park. The lift is central in the car park, please alert the Receptionist via the lift for access to the first floor.

IT IS A CONDITION OF DAY SURGERY THAT AFTER EGG COLLECTION YOU MUST HAVE A RESPONSIBLE ADULT TO ESCORT YOU HOME FROM THE DAY SURGERY AND STAY WITH YOU UNTIL THE NEXT MORNING – COUNTRY PATIENTS ARE REQUESTED TO REMAIN CLOSE TO THE CITY ON THE NIGHT OF DAY SURGERY

PATIENTS ARE NOT TO GO HOME ALONE BY TAXI

In the interests of safety and concern for other patients, we ask that children are not brought to the Day Surgery Unit whilst you or your partner are undergoing any procedures.



Mobile phones are to be switched off.

FASTING INSTRUCTIONS PRIOR TO YOUR PROCEDURE

IT IS IMPORTANT THAT YOU FAST PRIOR TO SEDATION OR ANAESTHESIA. IF YOU DO NOT FAST YOUR PROCEDURE MAY BE CANCELLED.

IF YOUR PROCEDURE IS IN THE MORNING (PRIOR TO 1.00PM);

DO NOT EAT OR DRINK AFTER MIDNIGHT ON THE NIGHT BEFORE YOUR PROCEDURE. YOU MAY HAVE A GLASS OF WATER (ONLY WATER) UNTIL 5.30AM.

IF YOUR PROCEDURE IS IN THE AFTERNOON (AFTER 1.00PM);

DO NOT EAT OR DRINK AFTER 7.00AM ON THE MORNING OF YOUR PROCEDURE. YOU MAY HAVE A GLASS OF WATER (ONLY WATER) UNTIL 11.00AM.

IF YOU HAVE QUESTIONS ABOUT YOUR FASTING REQUIREMENTS PHONE REPROMED ON (08) 8333 8183.

IMPORTANT INFORMATION FOLLOWING DISCHARGE THE DAY SURGERY UNIT

This is intended as a guide and is not a substitute for Medical Care.

Anaesthetic

1. Please return home and rest: We strongly recommend that you have a responsible adult to stay with you for the first 24 hours post operatively
2. Activities: The medicine which was used to put you to sleep will be acting in your body for the next 24 hours, so you may feel a bit sleepy. The feeling will slowly wear off and because of this for the next 24 hours

DO NOT

- Drive a car
- Drink any alcohol (inc beer)
- Make important decisions, such as sign important papers
- Travel alone by public transport
- Use hazardous machinery
- Engage in sports, heavy work or heavy lifting



3. Ambulation: After lying down, sit up slowly and sit on the edge of the bed for a moment. If you are not dizzy, stand up. Stand beside the bed for awhile and walk slowly.
4. Dizziness: This is common after sedation and when taking pain medication move around slowly.
5. Nausea: You may experience some nausea and vomiting after sedation. Do not be concerned about this. However, contact your doctor if it persists.
6. Fever: You are not expected to have any fever but if you feel warm take your temperature and if it is greater than 38°C, call your doctor.

24 hours after Egg Collection

- You may experience some pelvic or vaginal pain (mild) in the next 1-2 days
- You may also have some blood loss which should be pink/brown in colour. Please contact the unit if this is red and excessive like a period.
- Muscle aches can be common following this procedure
- Panadol/Panadeine as an analgesic may be used for discomfort
- Please drink 2-2½ litres of fluid daily for the next two weeks

Medication Side Effect

Your prescribed medications may cause mild nausea, sore breasts and ovarian discomfort. These are common side effects of the drugs. If symptoms persist or increase please call Repromed.

Ovarian Hyper Stimulation Symptoms

Please contact Repromed Staff if the following symptoms occur;

- Shortness of breath
- Reduced or very concentrated urine output
- Severe abdominal discomfort/distension (*minor discomfort may be normal*)
- Nausea/vomiting

If these symptoms occur after hours; please contact the Repromed Doctors emergency number on 0439 702 100.

For urgent medical advice or attention after 10.30pm, please attend your nearest emergency department.

Country patients can contact their local hospital.