

Frequently asked Questions by Patient's

Question:	Answer:
1. Do I stop my FSH injection (Pen) when I start the Orgalutran injection?	No, please continue with both until asked to stop.
2. Do injections have to be given at a set time?	The FSH injection (Pen) can be given any time during the evening. The Orgalutran injection, must be given at the same time each evening between 9pm – 10pm. Your trigger injection (Ovidrel) must be given at the at the time set you are instructed by the nurses.
3. What do I do if I run out of injections?	Please ring the nurses and arrange to collect more between 9.00am – 4.00pm.
4. Can I take medication for pain relief?	Yes, paracetamol is safe throughout treatment cycles and during pregnancy.
5. Can I take additional medications during treatment?	You will need to discuss this with your doctor or you may ring the Women's Hospital Medicines in Pregnancy line on 8161 7222 if residing in Adelaide.
6. Can I eat and drink before appointments?	Please continue your normal diet unless fasting for theatre.
7. Do I need a full or empty bladder for my scans?	Baseline, tracking and pregnancy scans are performed with an empty bladder. If a full bladder is required the nurse will inform you.
8. Can I have intercourse during a treatment cycle?	You can continue your usual sexual relationship and stop by the evening of your trigger injection. Ideally try for 2-3 days of abstinence only.
9 Is thrush a side effect of using Crinone Gel?	Thrush can be a side effect of Crinone Gel. Please wear a panty liner and continue. If you are concerned please ring the nurses.
10. What type of vaginal loss is normal when using Crinone,?	Some loss is normal as long as it is not offensive, and you have no irritation.
11. What can I do after my transfer?	Continue with all your regular activities. Avoid overheating your body, we suggest you do not use spa baths and saunas.
12. I am bloated, is this normal?	Yes, during your IVF cycle you may put on 1-2kg of weight from retained fluid, it will go away. Your ovaries are larger than normal so this can make your tummy bloated.

Question:	Answer:
13. What to expect in early pregnancy?	If you have had an IVF cycle you may experience more abdominal bloating and tenderness during the first four weeks after being told you are pregnant,. An early pregnancy booklet will be posted to you.
14. Can I use something for constipation?	Constipation is very common and uncomfortable. You can take some Metamucil and ensure your fluid intake is more than 2 litres per day